

## **Instructions for Tie Dyeing using Low Temp Procion Dye (squeeze bottle)**

**Tintex Low Temperature Procion Dye** is a fibre reactive dye, it provides a permanent, vibrant bond and is suitable for use with natural fibres such as cotton, linen, viscose, rayon, hemp and their blends

1. **Prewash new items in washing machine prior to dyeing** to remove any manufacturing impurities like sizing that may inhibit the permeation of the fabric dye.
2. **Twist, wrap, pleat, roll and tie fabric as desired** (see below guide/search YouTube). You can tie before or after Soda Ash soak. If you have sensitive skin it might be a good idea to tie your garment up before soaking in Soda Ash as you may need to handle the garment with gloves after soaking in the soda ash, tying with gloves on is no easy task! If it is a delicate tie then you would do the Soda Ash soak first, wring out and then tie up ready for the application of the dye.
3. **Soak fabric in Soda Ash solution** – approximately 1 cup per 5 litres of water and soak for approximately 20 minutes. Squeeze out excess solution well.
4. **Mix Dye into Squeeze Bottles** - Add approximately 1 teaspoon (approx. 5 grams) of fabric dye **per 100mls** of luke warm water to your squeeze bottle (for darker colours like black or Navy you should double the amount of dye to ensure a strong colour). Respiratory protection: none is required under normal domestic use but we do recommend that a suitable mask and goggles are used if handling is likely to raise dust. Using a kitchen funnel will help with adding of the ingredients to the bottles.
5. **Squeeze dye onto fabric** to be dyed making sure you get into the folds as much as possible.
6. **Put in plastic bag** and let it rest (batch) for at least 6-8 hours – for best results 24 hours.
7. **Release ties and rinse well** in cold Water then into a hot water soak for 30 mins with a little gentle washing detergent, then wash using a small amount of a gentle detergent. (ie Earths Choice)

**Overlapping these colours makes more colours**

**Magenta and Lemon make Orange**

**Lemon and Sapphire make Green - Sapphire and Magenta make Purple**

**See YouTube for some great video's on how to tie your fabric to achieve different designs**

**Search- Spiral Tie Dye, Spider Tie Dye, V-Shape Tie Dye, Love Heart Tie Dye, Diagonal Stripe Tie Dye**  
**Stripes:** Gather your shirt up into a tube-like shape. You can twist it for lots of white wrinkles, or leave it as is. Strap rubber bands all the way down the tube. The more rubber bands you add, the more white stripes you will have when finished

**Spiral:** For a spiral design, simply pinch up a section in the middle of the shirt and twist it. Continue twisting until you have a spiral. Lay the spiral down on the shirt and curl the rest of the shirt around it like a tight nest. Take a few large rubber bands and secure the nest so that it stays put.

**Center Circle:** For a centered circle on the front of the shirt, first lay the shirt out on a flat surface. Pinch a section right in the middle of the shirt and pull up toward you to make a tee-pee shape. Pull up more of the fabric for a larger circle. Close one hand around the base of the tee-pee and then tie it off with a rubber band. Twist the fabric you've sectioned off, and then add rubber bands down the length of it. The more rubber bands, the more circles.

**Many Small Circles:** For lots of small circles, pinch up fabric about 2-3", insert a large marble (or Styrofoam/plastic/rubber ball) and tie it off with a thick rubber band or string so that the marble is secure. Repeat across the shirt as desired.

**Sunburst:** Tie off a marble as instructed above. Use your pinky to measure about ½ inch behind the last rubber band. Tie off two more sections about a pinky-width apart. Tie another section 1 finger width after the last one, and try the last one at two finger widths.